

Key Stage 4 Residential trip to Manor Adventure

This year KS4 pupils have the opportunity to attend a 3 day / 2 night residential visit from Monday 18th March to Wednesday 20th March 2024 at Manor Adventure, Abernant Lake Hotel. The centre is based in Llanwrtyd Wells, Powys. Manor Adventure offers some of the highest standard accommodation available in the school market, all the pupil bedrooms are en suite.



The benefits of this residential trip are vast; it helps pupils to build on **self-esteem** and **confidence** as well as developing **independent living skills**. The pupils learn about assessing and managing risk and are **fully supported** by staff from school and have the expert guidance of the Manor Adventure qualified instructors leading the activities.

The weather will dictate a lot of the activities undertaken, however activities may include:



- Open Canoeing · Abseiling · Rifle Shooting · Climbing · Archery · Scavenger Skills · Compass Work · Hill Walking · Orienteering · Nature Trail · Blind Trail · Zip Wire · Kayaking · Fencing · Team Games · Manor Olympics · Bivouac Exercise · Scavenger Skills · Obstacle Course · Camp Craft Skills · Wide Games · Evening Walk · Disco.

Last year all the pupils had a fabulous time and the trip left them with lifelong memories. They are really looking forward to going this year again.