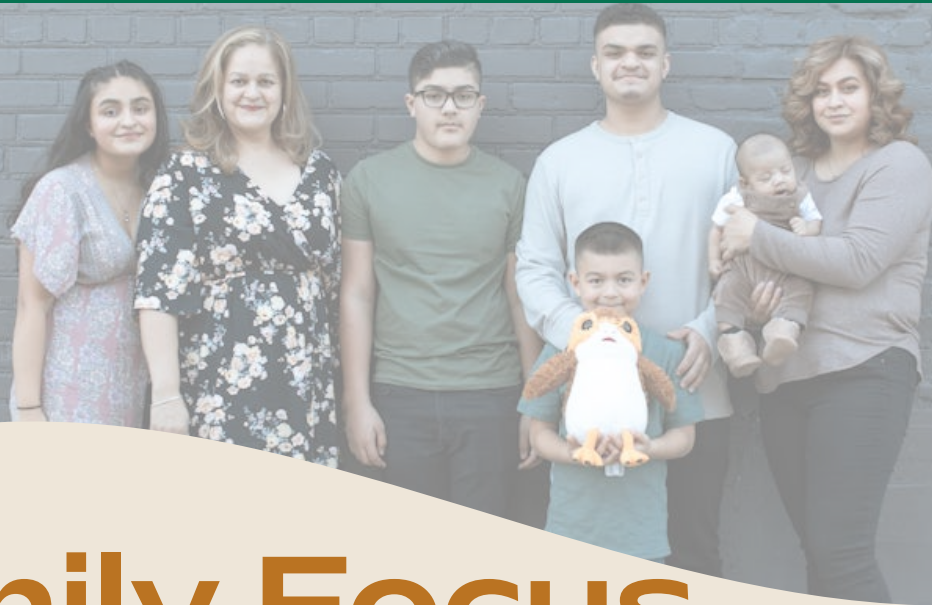




Family Focus

A Families First funded service

A service for families in Neath Port Talbot affected by disability, have emerging needs / on the ND pathway - Offering support for parents/carers and working with children and young people 0-25

0-3 Years

Weekly sessions for babies and early years children, helping them to reach developmental milestones, encouraging social interaction through play. Also providing sensory exploring opportunities and helping ease separation anxiety.

4-11 years

Weekly term times play sessions across Neath Port Talbot. Helping children to socialise with others, improve their wellbeing, build confidence and resilience and learn new skills and build on their developmental milestones.

12- 25 years

Grouped according to ages 12-17 years and 18-25 years, with a service built around the child/ young persons goals and outcomes. This will include out and about sessions in the community and travel training.

Support for parents/carers

Tailored support and advice with one of our family workers and a rolling 16 week wellbeing programme focused on physical and mental wellbeing, learning & skill development and building connections and friendships.



Family Focus

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Sessions for ages 4-11

After school club play sessions for up to 16 weeks for children with a disability and pre-diagnosis

When

Weekly after school sessions during term time, three days a week between the hours of 4-6pm. Each child will access 12-16 weeks of support.

Where

From April 2026, the sessions are:
Monday - Neath community centre
Tuesday - Holy Trinity Church, Sandfields
Thursday - Pantyfordd hall, Seven Sisters
Please note the venues are subject to change as we aim to run sessions across Neath Port Talbot and different areas.

Areas we support

Tailored support for every child to work towards targets that will support areas of development in a group with their peers. Focusing on physical and mental well-being, self esteem, emotional regulation. Opportunities to learn new skills and develop through play and build social and communication skills.

Additional support

- Transition support - a dedicated transition worker can support transitions into school/sessions and attend meetings with parents and professionals
- Family Focus days - an opportunity for the whole family (including siblings) to attend a session together.



Family Focus

A Families First funded service Sessions for ages 0-3

Sessions for up to 16 weeks for babies and toddlers

When

Up to 16 weeks of sessions for babies aged 0-3 running once a week with 6 babies attending each session.

Where

From April 2026, sessions will be held at Building Blocks Family Centre. Venue is subject to change throughout the project as we aim to be accessible for other families living in the NPT area.

Areas we support

Tailored support for every child to work towards targets that will support areas of development and reaching milestones through play whilst building social skills, connections and supporting separation anxiety and attachments.

Additional support

- Transition support - a dedicated transition worker can support transitions into school/sessions and attend meetings with parents and professionals
- Family Focus days - an opportunity for the whole family (including siblings) to attend a session together.



Family Focus

A Families First funded service

Support for parents and carers

When

Parents can access support 5 days a week, and in some cases on weekends to accommodate the families needs.

Where

Sessions will be available across Neath Port Talbot to ensure the service is accessible for families. Parent workers can attend the home or arrange to meet at a venue, alongside this, there will be online sessions available.

Areas we support

Tailored support to meet the families needs with a 16 week programme focused on the following themes; physical wellbeing, mental wellbeing, learning and skills development and building confidence and friendships. Some topics covered are; ASD, ADHD, Changing the mindset, Supporting teens, self care and healthy relationships.

Additional support

- Family Focus days - an opportunity for the whole family (including siblings) to attend a session together
- Parent worker can attend meetings with the family to support them